Northmen, which lays waste our realms, deliver us, O God.” And in the northern Italian peninsula: “Against the arrows of the Magyars be thou our protector.” Like the barbarians who had both troubled Rome and revitalized it in the fourth and fifth centuries, the invaders of the ninth and tenth centuries would eventually bring good as well as harm to the European West. But at first contact, Muslim pirates, Viking raiders, and Magyar horsemen inflicted suffering and terror.